

Theme: Apples!







September 2024

The Woodlands at Stowe

Calendar of Events



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Meal Time 12:30 2:00 -Mah Jongg	2 9:30 -Exercise (own) 10:30 - Bible Study 12:30-Meal 2:00 -Trivia (own) LABOR DAY-no staff	3 9:30 -Stowe Errands 10:00 -Better Balance 2:00 -Show and Tell (LR) 4:00 -L In Chemistry (CR)	4 9:30 -Exercise 1:00 OSHER Lecture: Stowe to Molokai to World 3:00 -Bingo	5 11:00 -Exercise (BG) 11:30 -Perennial Pleasures Field Trip 2:00 -Chair Yoga 4:15 -Cards (Stowe Libr) FT	6 9:30 -Exercise 10:30 -Morrisville Errands 2:00 -Mandala Coloring 3:00 Happy Birthday Anne Goodrich	7  2:00 & 7:30 Movie & Popcorn
8 Meal Time 12:30 2:00 -Mah Jongg	9 9:30 -Exercise 10:30 - Bible Study 2:00 -Trivia 3:30 -Writers group	10 9:30 -Stowe Errands 10:00 -Better Balance 11:00 -Apple Orchard FT 2:00 -Poetry Reading 3:00 Resident Council 4:00 -L In Chemistry (CR)	11 9:30 -Exercise 11:45 -Sailing FT 1:00 -OSHER Lecture: Thru-Hike at 70 4:00 -Handwork Group	12 11:00 -Exercise (BG) 2:00 -Music w/Joe Ciccolo Hot cider and donuts (LR) 4:15 -Cards (Stowe Libr) FT	13 9:30 -Exercise 10:30 -Stowe Errands 1:00 -Hope Cemetary FT	14 *codes LR-Living Room CF-Conference Room GR-Game Room BG-Basement Gym FT-Field Trip
15 Meal Time 12:30 2:00 -Mah Jongg	16 9:30 -Exercise 10:30 -Bible Study 2:00 -Trivia 3:30 -Letter writing	17 9:30 -Stowe Errands 10:00 -Better Balance 11:00 -Community Meeting 1:00 AARP Fraud Watch Presentation (CF) 4:00 -L In Chemistry (CR)	18 9:30 -Exercise 10:30 -Coffee & Bagels 11:00 -Pie Baking 1:00 -OSHER Lecture: Evolution 3:00 -Bingo	19 11:00 -Exercise (BG) 2:00 Chair Yoga 3:00 -Pie and Ice Cream(LR) 4:15 -Cards (Stowe Libr) FT	20 9:30 -Exercise 10:30 -Stowe Errands 2:00 -Mandala Coloring	21  2:00 & 7:30 Movie & Popcorn
22 Meal Time 12:30 2:00 -Mah Jongg	23 9:30 -Exercise 10:30 - Bible Study 2:00 -Trivia 3:30 -Writer's Group	24 9:30 -Stowe Errands 10:00 -Better Balance 2:00 -Paint and Sip (CR) 4:00 -L In Chemistry (CR)	25 9:30 -Exercise 11:00 -Apple Stamps (CR) 1:00 -OSHER Lecture: Foreign Fraud 4:00 -Handwork Group	26 11:00 -Exercise (BG) 11:00 -Vaccine Clinic Flue, Covid, requests 2:00 -Armchair Travel (CF) 5:15 Social Soiree	27 9:30 -Exercise 10:30 -Stowe Errands 11:30 -Apple Orchard FT 3:00 -Apples to Apples (GR)	28
29 Meal Time 12:30 Special 2:00 Ty and Nat music 	30 9:30 -Exercise 10:30 -Bible Study 2:00 -Trivia 3:30 -Letter writing	1 9:30 -Stowe Errands 10:00 -Better Balance 2:00 -Book Group 4:00 -L In Chemistry (CR)	2 9:30 -Exercise 1:00 -OSHER Lecture: Cole Porter 3:00 -Bingo	3 11:00 -Exercise (BG) 12:00 -2nd Chance and Lunch (FT) 4:15 -Cards (Stowe Libr) FT	4 9:30 -Exercise 10:30 -Stowe Errands 2:00 -Mandala Coloring	5  2:00 & 7:30 Movie & Popcorn