



November 2024

The Woodlands at Stowe

Calendar of Events



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Music Field Trip (FT) *Outside Presenter Conference Room Show	9:30 - Exercise 11:00 - Bible Study 2:00 - Trivia 3:30 - Letter Writing	9:30 - Exercise 10:00 - Better Balance 2:00 - Book group 4:00 - Ted Lasso	9:30 - Exercise	10:30 - Exercise 11:30 - Story Hour/Costume 4:30 - Joe Ciccolo (LR) 4:30 - Costume Party (LR) 5:15 - Halloween Soiree (LR)	9:30 - Exercise 10:30 - Stowe Errands 2:00 - Mah Jongg	Turn your clocks back! 
Meal Time 12:30 2:00 - Mah Jongg	3 9:30 - Exercise 11:00 - Bible Study 2:00 - Trivia 3:30 - Writers (CR)	4 9:30 - Stowe Errands 10:00 - Better Balance 2:00 - Poetry Reading 4:00 - Ted Lasso	5 9:30 - Exercise 12:30 - Cards (GR) <i>King in the Corner</i> 2:00 - The Water is Wide 4:00 - Handwork Group	6 10:30 - Exercise 2:00 - Chair Yoga (DR) 2:30 - Stowe 2050 (CR) Community Planning	7 9:30 - Exercise 10:30 - Stowe Errands 2:00 - Mah Jongg	8  2 & 7:30 - Movie + Popcorn Craft Show-Hardwick
Meal Time 12:30 2:00 Charlie and the Chocolate Factory (LUHS) 2:00 - Mah Jongg	10 9:30 - Exercise 11:00 - Bible Study Veterans Day! 2:00 - Trivia (on own) *Staff Holiday	12 9:30 - Stowe Errands 10:00 - Better Balance 2:00 - Watercolor flow 3:00 - Resident Council 4:00 - Ted Lasso	13 9:30 - Exercise 12:30 - Cards (GR) <i>Gin Rummy</i> 2:00 - The Boys in the Boat	10:30 - Exercise 3:30 - Beer and Cheese tasting with The Alchemist	9:30 - Exercise 10:30 - Stowe Errands 12:00 - Lunch@Green Goddess 2:00 - Mandala Coloring 2:00 - Mah Jongg	16 6:00 pm -Rusty Dewees 2:00 - Cribbage (GR)
Meal Time 12:30 2:00 - 4:00 - Mah Jongg	17 9:30 - Exercise 11:00 - Bible Study 2:00 - Trivia 3:30 - Writers (CR)	18 9:30 - Stowe Errands 10:00 - Better Balance 10:15 - Blood Pressure 11:00 - Community Meet 2:00 - Apple Cider Floats 2:30 - Show and Tell (LR)	9:30 - Exercise 12:30 - Cards (GR) 2:00 - Book Movie TBD 4:00 - Handwork Group	21 10:30 - Exercise 1:00 - Birthday Celebration 2:00 - Chair Yoga 5:15 - Social Soiree	22 9:30 - Exercise 10:30 - Stowe Errands 2:00 - Donuts and Coffee 2:00 - Danny Granstaff 2:00 - Mah Jongg	23  2 & 7:30 - Movie +Popcorn 2:00 - Rummikub (GR)
Meal Time 12:30 2:00 - Alice by Heart Essex High School 2:00 -Mah Jongg	24 9:30 - Exercise 11:00 - Bible Study 2:00 - Trivia 3:30 - Writers (CR)	25 9:30 - Stowe Errands 10:00 - Better Balance 2:00 - Book Group 4:00 - Ted Lasso	26 9:30 - Exercise 12:30 - Cards (GR) 2:00 - Book Movie TBD	27 Thanksgiving Meal Time 12:30 *Staff Holiday	28 9:30 - Exercise (on own) 2:00 - Mah Jongg *Staff Holiday	29 30 Barre Craft Fair 2:00 - Cribbage (GR)