



September 2025

The Woodlands at Stowe


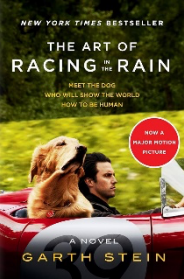

Calendar of Events



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Labor Day 1	2	3	4	5	6
Field Trip	9:30 -Exercise (on own) 11:00 Bible Study (CR)	10:00 -Balance (D) 12:30 -Stowe Errands	9:30 -Exercise (D)	10:30 -Water Aerobics	9:30 -Exercise (D) Foot Clinic 10:30 Stowe Errands 11:00 Massage	2:00 & 7:30 Movie
Guest Presenter Fair Weather Only ☂	12:30 Meal Time	1:00 -Tech help w/Molly (CR)	1:00 -OSHER <i>Beaver</i>	2:00 -Chair Yoga (D) 3:30 -Pokeno (game)(G)	2:00 -Mah Jongg	
Holiday	2:00 - Trivia (L) on own		3:00 -Book Movie (CR)			
7	8	9	10	11	12	13
Meal Time 12:30 2:00 -Mah Jongg (G)	9:30 -Exercise (D) 11:00 Bible Study (CR) 2:00 - Trivia (L) 3:30 Writers (CR)	10:00 -Balance (D) 12:30 -Stowe Errands 2:00 -Book Group (L) 3:00 -Resident Council 3:30 -Poker (LR or P)	9:30 -Exercise (D) 11:00 -Painting w/ Cindy 1:00 -OSHER <i>Aging Well</i> 3:00 -Book Movie (CR)	*10:00 -Dance Fit (D) 12:00 -Apple Orchard ☂ 3:30 -Rummi/Cards (G)	9:30 -Exercise (D) 10:30 - Stowe Errands 11:00 -Massage 1:00 Vaccine Clinic (CR) 2:00 -Mah Jongg (G)	2:00 & 7:30 Movie
14	15	16	17	18	19	20
Meal Time 12:30 2:00 -Mah Jongg (G)	9:30 -Exercise (D) 11:00 Bible Study (CR) 1:00 B-day Party (LR) 2:00 - Trivia (L) 5:45 -Dinner Mix-up	10:00 -Balance (D) 11:00 -Comm. Meeting Blood Pressure 12:30 -Stowe Errands 2:00 -Library Tools 3:30 Corn Hole (D or P)	9:30 -Exercise (D) 11:00 -*WORS (LR) 1:00 -OSHER <i>Planet Health</i> 3:00 -Book Movie (CR)	10:30 -Water Aerobics 2:00 -Chair Yoga (D) 3:30 -Bingo (G)	9:30 -Exercise (D) 10:30 - Stowe Errands 11:00 -Massage 1:00 -Stowe Historical 2:00 -Mah Jongg (G)	2:00 & 7:30 Movie
21	22	23	24	25	26	27
Meal Time 12:30 2:00 -Mah Jongg (G)	*Ruthie on vacation 9:30 -Exercise (D) 11:00 Bible Study (CR) 2:00 -Trivia (L) 3:30 -Writers (CR)	10:00 -Balance (D) 11:00 -Danny G (Music) (LR) or (P) 12:30 -Stowe Errands 2:00 Mand Coloring (CR)	9:30 -Exercise (D) 1:00 -OSHER <i>Stowe Frontier Days</i> 3:00 -Book Movie (CR)	*10:00 -Dance Fit (DR) 3:00 -Bike Path ☂ and Ice Cream 5:15 -Social Soiree (LR)	9:30 -Exercise (D) 10:30 - Stowe Errands 11:00 -Massage 12:30 -Bag Lunch (P) 2:00 -Mah Jongg (G)	2:00 & 7:30 Movie
28	29	30	1	2	3	(L) -Library (P) -Patio or Porch (LR) -Living Room (CR) -Conference Room (G) -Game Room (D) -Dining Room
Meal Time 12:30 31 2:00 -Mah Jongg (G)	9:30 -Exercise (D) 11:00 Bible Study (CR) 2:00 - Trivia (L) 3:30 -Poker	10:00 -Balance (D) 12:00 -Tech Help 12:30 -Stowe Errands 1:00 -Library Committee	9:30 -Exercise (D) 1:00 -OSHER <i>VT Maple</i> 3:00 -Book Movie (CR)	10:30 -Water Aerobics	9:30 -Exercise (D) 10:30 - Stowe Errands 11:00 -Massage 2:00 -Mah Jongg (G)	

*Woodlands Oddities Roadshow (Formerly Show and Tell)

September Movies

	Wednesday 3:00 pm		Saturday 2 & 7:30 pm
 <p>When astronauts blast off from the planet Mars, they leave behind Mark Watney, presumed dead after a fierce storm. With only a meager number of supplies, the stranded visitor must utilize his wits and spirit to find a way to survive on the hostile planet.</p>	3 <i>The Martian</i> 2015 2hr 15min Library DVD	 <p>Harry and Sally search for love, but fail, repeatedly bumping into each other. Finally, a close friendship blooms between them. But then they are confronted with the problem: "Can a man and a woman be friends, without sex getting in the way?"</p>	6 <i>When Harry Met Sally</i> 1989 Library DVD 1hr 36min
 <p>Based on John Steinbeck's 1937 novella of the same name, it stars John Malkovich as the intellectually disabled Lennie and Sinise as George, two farm workers who travel together and dream of one day owning their own land.</p>	10 <i>Of Mice and Men</i> 1992 Prime 1hr 50min	 <p>Ruth Bader Ginsburg is a struggling attorney and new mother who faces adversity and numerous obstacles in her fight for equal rights. When Ruth takes on a groundbreaking tax case with her husband, attorney Martin Ginsburg, she knows it could change the direction of her career and the way the courts view gender discrimination.</p>	13 <i>On the Basis of Sex</i> 2018 Netflix 2 hr
 <p>Denny Swift is a Formula One race car driver who understands that the techniques needed on the racetrack can also be used to navigate everyday life successfully. Denny has three loves of his life -- his beautiful wife, their young daughter, and his best friend, a dog, that wants to be reincarnated into a human.</p>	17 <i>The Art of Racing in the Rain</i> 2019 Disney 1hr 15min	 <p>Mufasa: The Lion King is a 2024 American musical drama film produced by Walt Disney Pictures. The photo-realistically animated film serves as both a prequel and a sequel to <i>The Lion King</i> (2019), which itself is a remake of the 1994 animated film.</p>	20 <i>Mufasa</i> 2024 2hr 5min Disney
 <p>A disillusioned Englishman who went to work in a school in Argentina in 1976. Expecting an easy ride, Tom discovers a divided nation and a class of unteachable students. However, after he rescues a penguin from an oil-slicked beach, his life is turned upside-down.</p>	24 <i>Penguin Lessons</i> 2024 Netflix 1hr 51min	 <p>Uptight business tycoon Edward makes a deal with vivacious Hollywood sex worker Vivian to spend a week with him — and loses his heart in the bargain.</p>	27 <i>Pretty Woman</i> 1990 Hulu Romantic Comedy 1hr 54min