



## Future Planning Worksheet

### Your Path to Independent Living

*Take a moment to reflect on what matters most to you as you consider your next chapter. There are no right or wrong answers — this is about discovering what will make you feel most comfortable and confident in your future home.*

### What Independence Means to You

**When you think about living independently, what does that look like?**

- What daily routines or activities are most important to maintain?
- How do you want to spend your time when you're not managing household chores?
- What would "freedom from home maintenance burdens" mean in your daily life?

*Space for reflection:*

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### Privacy & Personal Space

**How do you balance wanting community with needing solitude?**

- When do you most enjoy being around others?
- When do you most need your own space?
- What would your ideal "private retreat" feel like at the end of the day?

**What makes a space feel like "your home" rather than just a place to live?**

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## Location & Lifestyle

### What draws you to the Stowe area specifically?

- Which local amenities or activities matter most to you?
- How important is it to experience all four Vermont seasons?
- What role does being part of a vibrant community play in your happiness?

### Looking ahead five years, what do you want to be easily accessible from your home?

- Healthcare and medical services
- Family and friends
- Recreation and hobbies
- Cultural activities and events
- Other: \_\_\_\_\_

## Security & Peace of Mind

### What does "feeling secure" mean to you?

- Financial predictability and transparent costs
- Knowing help is nearby if needed
- Maintaining your independence while having support options
- Other: \_\_\_\_\_

### Complete this sentence: *"I'll sleep better at night knowing..."*

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## Family Considerations

### How do you want to involve your family in this decision?

- What input do you value from your children or loved ones?
- What concerns might they have that you'd like to address?
- How important is it that this choice gives them peace of mind too?

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**What would you like to be able to tell your family about your new living situation?**

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### Your Non-Negotiables

**What are the things you absolutely must have in your next home?**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

**What are you most worried about giving up or losing?**

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**How might you recreate or maintain those important elements in a new setting?**

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### Envisioning Your Future

**Picture yourself one year from now in your ideal living situation. Describe a typical day:**

- How do you start your morning?
- What activities fill your afternoon?
- How do you spend your evening?
- What brings you the most satisfaction?

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**Complete this statement:** *"I'll know I made the right choice when I can say..."*

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## Taking Action

**Based on your reflections above, what questions do you most want answered about The Woodlands at Stowe?**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

**What would help you feel confident about taking the next step?**

- Visiting and seeing the community firsthand
- Speaking with current residents
- Understanding the financial details
- Involving family members in a tour
- Other: \_\_\_\_\_

*Remember: This is your decision about your future. Trust your instincts about what will make you happiest and most comfortable. The right choice is the one that aligns with your values and gives you confidence about the years ahead.*

**Ready to explore how The Woodlands at Stowe might fit your vision?** *Contact us to schedule a personal tour and get answers to your most important questions.*