

*New Activities:

Chair Yoga/Dance, Walking Club, Wii Games

Thursday Field Trips

April 2026


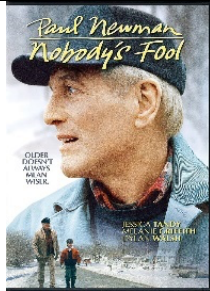



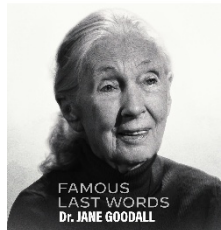
The Woodlands at Stowe

Calendar of Events



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(B) -Basement 1st Flr (L) -Living Room (UL) -Upstairs Library (CR) -Conference Rm (G) -Game Room (D) -Dining Rm	30 9:30 -Exercise (D) 10:30 -Stowe Errands 11:00 -Bible Study 2:00 - Trivia (UL) 3:30 -Games w/Mille	31 10:00 -Better Balance D 12:30 -Stowe Errands 2:00 -Pour Paints w/Cindy (CR) 2:00 -Mah Jongg	1 9:30 -Exercise (D) 1:00 OSHER 2:00 Cornhole (D) 3:00 Book Movie (CR)	2 10:30 Water Aerobics 1:00 Wii Games (B) 2:30 Ski and Snowboard 4:00 Walking club	3 9:30 Exercise (D) 10:30 Stowe Errands Foot Clinic 3:30 -Tech/Games	4 2pm: Matinee
Easter Meal Time 12:30 2:00 - Mah Jongg	5 6 9:30 -Exercise (D) 10:30 Stowe Errands 11:00 - Bible Study 2:00 - Trivia (UL) 3:30 -Writers	7 10:00 - Better Balance (D) 12:30 Stowe Errands 2:00 Ping Pong (CR) 3:00 -Art w/Jen (GR)	8 9:30 - Exercise (D) 11:00 -Jazz w/Rocco 1:00 Poker (D) 3:00 -Book Movie (CR)	9 11:00 Chair Yoga/Dance 2:30 Stowe Historical 4:00 Walking club	10 9:30 - Exercise (D) 10:30 - Stowe Errands 2:00 -Mah Jongg 2:30 -Cards/Rummi (L)	11 2pm: Matinee
Meal Time 12:30 2:00 - Mah Jongg	12 13 9:30 - Exercise (D) 10:30 Stowe Errands 11:00 - Bible Study 2:00 - Trivia (UL) 3:30 -Games w/ Millie	14 10:00 -Better Balance (D) 12:30 Stowe Errands 2:00 Book Club (UL) 3:00 -Resident council (CR) 5:45 Dinner Mix-up (D)	15 9:30 - Exercise (D) 1:00 -Strategic Planning (L) 1:00 Wii Games (B) 3:00 -Book Movie (CR)	16 10:00 NCAL Animal 11:00 Chair Yoga/Dance 1:00 Cornhole 2:30 Bryant Gallery 4:00 Walking club	17 18 9:30 - Exercise (D) 10:30 - Stowe Errands 1:00 Birthday Party 2:00 -Mah Jongg 3:30 -Tech/Games	2pm: Matinee
Meal Time 12:30 2:00 - Mah Jongg	19 20 9:30 - Exercise (D) 10:30 Stowe Errands 11:00 -Bible Study 2:00 -Trivia (UL) 3:30 Writers	21 10:00 - Better Balance (D) 11:00 -Comm. Meeting (L) *12:00 Stowe Errands 1:00 Floor Workshop (B) 3:30 -Video Workout (B)	22 9:30 - Exercise (D) 11:00 -Jazz w/Rocco 1:00 Poker (D) 3:00 -Book Movie	23 11:00 Drumming 2:00 Show and Tell 4:00 Walking club	24 25 9:30 - Exercise (D) 10:30 - Stowe Errands 1:00 -Lunch Field Trip Thompsons Flour Shop 2:00 -Mah Jongg	2 pm: Matinee
Meal Time 12:30 2:00 - Mah Jongg	26 27 9:30 - Exercise (D) 10:30 Stowe Errands 11:00 -Bible Study 2:00 - Trivia (UL) 3:30 -Games w/ Millie	28 10:00 - Better Balance (D) 12:30 Stowe Errands 2:00 Cornhole (D) 3:30 -Video Workout (B)	29 9:30 - Exercise (D) 3:00 -Book Movie	30 11:00 Chair Yoga/Dance 2:00 Mandala Coloring 4:00 Walking club 5:15 -Soiree	1 2 9:30 Exercise (D) 10:30 -Stowe Errands 2:00 -Mah Jongg 2:30 -Cards/Rummi (L)	Birthday New Activity Outside Presenter Field Trip (sign up) Shopping (sign up)

April

	Wednesday		Saturday 2 & 7:30 pm
 <p>Lonesome Dove is a 1985 epic Western novel by American writer Larry McMurtry. This highly acclaimed 1989 television miniseries adaptation starring Robert Duvall and Tommy Lee Jones follows two aging, retired Texas Rangers, who leave their small Texas border town to drive a cattle herd 2,500 miles north to the pristine grasslands of Montana.</p>	1 Lonesome Dove <i>Episode #1</i> 1989 1hr, 34min Prime *18+	 <p>Set in the fictional, wintry town of North Bath, New York, the film stars Paul Newman as Donald "Sully" Sullivan, a 60-year-old construction worker and "rascally ne'er-do-well" who has spent his life avoiding adult responsibilities.</p>	4 Nobody's Fool 1994 1hr, 50 min DVD/Library *R Drama
	8 Lonesome Dove <i>Episode #2</i> 1989 1hr, 34min Prime	 <p>As the Nuremberg trials are set to begin, a U.S. Army psychiatrist gets locked in a dramatic psychological showdown with accused Nazi war criminal Hermann Göring.</p>	11 Nuremberg 2025 2hr, 28 min Netflix *PG-13 Drama
<p>More Lonesome Dove, or something else.</p>	15 TBD	 <p>The Grand Finale follows the Crawley family and their staff as they enter the 1930s. When Mary finds herself at the center of a public scandal and the family faces financial trouble, the entire household grapples with the threat of social disgrace. The Crawleys must embrace change as the staff prepares for a new chapter with the next generation leading Downton Abbey into the future.</p>	18 Downton Abbey 2025 2hr, 4min Netflix *PG Drama
	22 TBD	 <p>Centered on hope, fighting to the end, and the power of individual action. She urged, "Don't give up. There is hope," and reminded everyone that "your life matters and you are here for a reason".</p>	25 Famous Last Words Jane Goodall, 2025 55 min Netflix *TV-14