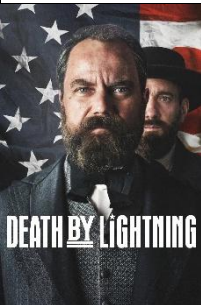
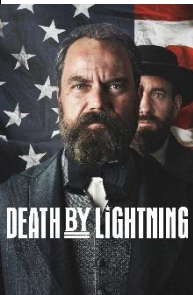
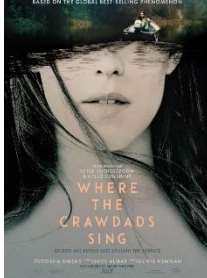
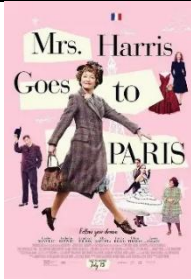


August 2026
The Woodlands at Stowe
Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 Meal Time 12:30 2:00 - Mah Jongg	3 9:30 -Exercise (D) 12:00 -Cornhole 1:00 -Gospel hr (CR) 2:00 - Trivia (UL) 3:30 -Writers	4 10:00 -Better Balance (D) 12:30 Stowe Errands 2:30 -Tech help	5 9:30 - Exercise (D) 1:30 Adaptive Kayakin 3:00 -Movie (CR)	6 11:00 Chr Yoga/Dance (B) 1:00 Art class w/ Lana B (Porch or game room) 3:00 -Board Meeting (CR)	7 9:30 - Exercise (D) 10:30 - Stowe Errands 1:00 -Qigong (P) 2:00 -Mah Jongg (G)	8 2pm: Matinee
9 Meal Time 12:30 2:00 - Mah Jongg	10 9:30 -Exercise (D) 1:00 -Gospel hr (CR) 2:00 - Trivia (UL)	11 10:00 -Better Balance (D) 12:30 Stowe Errands 2:00 Book Club (UL) 3:00 -Resident council (CR)	12 9:30 - Exercise (D) 11:00 -Jazz Piano 12:00 Bbag Lunch 3:00 -Movie (CR)	13 11:00 Chr Yoga/Dance (B)	14 9:30 - Exercise (D) 10:30 - Stowe Errands 1:00 -Qigong (P) 2:00 -Mah Jongg (G)	15 2pm: Matinee
16 Meal Time 12:30 2:00 - Mah Jongg	17 9:30 - Exercise (D) 1:00 -Gospel hr. (CR) 2:00 - Trivia (UL)	18 10:00 -Better Balance (D) 11:00 -Comm. Meeting (L) 12:30 Stowe Errands 4:00 -Cards on Porch	19 9:30 - Exercise (D) 9:30 Adaptive Kayakin 3:00 - Movie (CR)	20 10:00 NCAL Animal 11:00 Chr Yoga/Dance (B) 2:00 Mandala Coloring	21 9:30 - Exercise (D) 10:30 - Stowe Errands 1:00 -Qigong (P) 2:00 -Mah Jongg (G) 2:30 -Games (P or L)	22 2pm: Matinee
23 Meal Time 12:30 2:00 - Mah Jongg	24 9:30 - Exercise (D) 1:00 -Gospel hr. (CR) 2:00 -Trivia (UL)	25 10:00 - Better Balance (D) 12:30 Stowe Errands 2:00 Cornhole (P)	26 9:30 - Exercise (D) 11:00 -Jazz Piano 1:00 Creme Dr. 3:00 -Movie (CR)	27 11:00 Chr Yoga/Dance (B) 1:00 Pour Painting w/Cindy 5:15 Soiree	28 9:30 - Exercise (D) 10:30 - Stowe Errands 1:00 -Qigong (P) 2:00 -Mah Jongg (G)	29 2 pm: Matinee
30 Meal Time 12:30 2:00 - Mah Jongg	31 9:30 - Exercise (D) 1:00 -Gospel hr. (CR) 2:00 - Trivia (UL)	1 10:00 - Better Balance (D) 12:30 Stowe Errands	2 9:30 - Exercise (D) 1:00 Scenic Dr. 3:00 -Movie (CR)	3 11:00 Chr Yoga/Dance (B)	4 Outside Presenter Field Trip (sign up) sign up	(B) -Basement 1st Flr (L) -Living Room (P) Porch/Patio (CR) -Conference Rm (G) -Game Room (D) -Dining Rm

August

		Wednesday		Saturday 2 & 7:30 pm
	Hitchcock's romantic story of obsession, manipulation and fear. A detective is forced to retire after his fear of heights causes the death of a fellow officer and the girl he was hired to follow. He sees a double of the girl, causing him to transform her image onto the dead girl's body. This leads into a cycle of madness and lies.	5 Vertigo 1958 2hr, 8min DVD *PG Mystery/Thriller	 Science teacher Ryland Grace wakes up light years from home with no memory of who he is or how he got there. He begins to uncover his mission: solve the riddle of the mysterious substance causing the sun to die out. He must use his scientific knowledge and unorthodox ideas to save Earth from extinction... but an unexpected friendship means he may not have to do it alone.	8 Project Hail Mary 2026 2hr, 36min Netflix *PG13 Sci-fi/Adventure
	Death by Lightning: Episodes 1+2 Presenting the story of James Garfield, who rose from obscurity to become America's 20th President and Charles Guiteau, the man who assassinated him.	12 Death by Lightning 2025 1hr, 39min Netflix *TV-Ma History/Drama	 Three close-knit, middle-aged couples — Jack and Kate Burroughs, Nick and Anne Callan, and Danny and Claudia Zimmer — from New York City take a vacation together each season, using the changing backdrop of nature to reflect on their lives, relationships, and friendships	15 The Four Seasons 1981 1hr, 47min Netflix *PG Comedy
	Death by Lightning: Episodes 3+4 Presenting the story of James Garfield, who rose from obscurity to become America's 20th President and Charles Guiteau, the man who assassinated him.	19 Death by Lightning 2025 1hr,53min Netflix *TV-Ma History/Drama	 Where the Crawdads Sing tells the story of Kya, an abandoned girl who raised herself to adulthood in the dangerous marshlands of North Carolina. For years, rumors of the "Marsh Girl" haunted Barkley Cove, isolating the sharp and resilient Kya from her community. Drawn to two young men from town, Kya opens herself to a new and startling world	22 Where the Crawdads Sing 2022 2hr, 5min Disney+ *PG-13 Drama
	New York City ad executive Roger O. Thornhill is pursued by ruthless spy Phillip Vandamm after Thornhill is mistaken for a government agent. Hunted relentlessly by Vandamm's associates, Thornhill ends up on a cross-country journey, meeting the beautiful and mysterious Eve.	26 North by N. West 1959 2hr, 16min DVD/Library *PG Spy/thriller	 Mrs. Harris Goes to Paris tells the story of a widowed cleaning lady in 1950s London who falls madly in love with a couture Dior dress, and decides that she must have one of her own. After she works, starves and gambles to raise the funds to pursue her dream, she embarks on an adventure to Paris which will change not only her own outlook, but the very future of the House of Dior.	29 Mrs. Harris Goes to Paris 2022 1hr, 55min Netflix *PG