

Printed 8/28

September 2026

The Woodlands at Stowe

Calendar of Events

Request a game anytime!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1	2	3	4	5
Meal Time 12:30 2:00 - Mah Jongg	9:30 -Exercise (D) 10:30 Stowe Errands 1:00 -Gospel hr (CR) 2:00 - Trivia (UL)	10:00 -Better Balance (D) 11:30 - Lunch w Bernie Transportation * 3:00 - Ice Cream Social	9:30 - Exercise (D) 10:30 Stratigic Pl. Mtg (CR) 12:00 - Restorative Center 1:30 Scenic Dr & Creemees 3:00 -Movie (CR)	11:00 Chr Yoga/Dance (B) 2:00 Amazon Rainforest slideshow w/ Cindy (CR) 3:00 - Games (GR)	9:30 - Exercise (D) 10:30 - Stowe Errands 12:30 - Chess w/ E&S 2:00 -Mah Jongg (G)	2pm: Matinee
6	7	8	9	10	11	12
Meal Time 12:30 2:00 - Mah Jongg	Labor Day 9:30 -Exercise (D) 1:00 Gospel Hr (P or CR) 2:00 - Trivia (UL) 3:30 - Writers (CR) Regular Dinner Service	10:00 -Better Balance (D) 11:00 - Fraud Pres. (L) 12:30 - Stowe Errands 2:00 Book Club (UL) 3:00 -Resident council (CR)	9:30 - Exercise (D) 11:00 - Jazz Piano 12:30 - Lunch Field Trip 3:00 - Movie (CR) 3:30 - Art with Jenn (G)	11:00 Chr Yoga/Dance (B) 2:00 Mandala Coloring (P) 3:30 - Games (GR) 5:30 - Dinner Mix Up!	9:30 - Exercise (D) 10:30 - Stowe Errands 1:00 - Singing (CR) 2:00 -Mah Jongg (G)	2pm: Matinee
13	14	15	16	17		19
Meal Time 12:30 2:00 - Mah Jongg	9:30 - Exercise (D) 11:00 - Danny G Music 1:00 -Gospel hr. (CR) 2:00 - Trivia (UL)	10:00 -Better Balance (D) 11:00 -Comm. Meeting (L) 12:30 Stowe Errands 2:30 Armchair Travel (CR)	9:30 - Exercise (D) 10:30 Coffee & Donuts (L) 12:30 - OLLI Series * "Therapy Dogs" 3:00 - Movie (CR)	10:00 NCAL Animal 11:00 Chr Yoga/Dance (B) 1:00 - Flower Field Trip 3:30 - Cornhole	9:30 - Exercise (D) 10:30 - Stowe Errands 12:00 -Bbag lunch (P) 2:00 -Mah Jongg (G) 2:00 Tech w/ Ginger (L)	2pm: Matinee
20		22	23	24	25	26
Meal Time 12:30 2:00 - Mah Jongg	9:30 - Exercise (D)** 11:00 - Danny G music 1:00 -Gospel hr. (CR) 2:00 -Trivia (UL)^^^	10:00 - Better Balance (D) 12:30 Stowe Errands 2:00 Birthday Party 3:00 - Corn Hole 5:30 - Dinner Mix Up!	9:30 - Exercise (D) 11:00 - Jazz Piano 12:30 - OLLI Series * "Reptiles and Amphibians" 3:00 -Movie (CR)	11:30 - Apple Picking & Farm Stand Picnic 2:00 Mandala Coloring (P) 5:15 Soiree	Foot Clinic (CR) 9:30 - Exercise (D) 10:30 - Stowe Errands 1:00 - Singing (CR) 2:00 - Mah Jongg (G)	10:30 - Shelburne Museum - Lunch & Norman Rockwell 2pm: Matinee
27	28	29	30	1	2	(B) -Basement 1st Flr (L) -Living Room (UL) -Upstairs Library (CR) -Conference Rm (G) -Game Room (D) -Dining Rm (P) - Porch
Meal Time 12:30 2:00 - Mah Jongg	9:30 - Exercise (D) 1:00 - Gospel hr (CR) 2:00 - Trivia (UL) 3:00 - Ty & Nat Music (L)	10:00 - Better Balance (D) 12:30 Stowe Errands 2:00 Apple Bake-off! (D) 3:00 - Games (GR)	9:30 - Exercise (D) 12:30 - OLLI Series * "VT's Changing Climate" 3:00 -Movie (CR)	11:00 Chr yoga/dance (B) 12:00 - Fall Picnic 3:30 - Games (G)	Birthday Outside Presenter Field Trip (sign up) Sign Up Change/New	
* REGISTRATION REQUIRED W/ LOCATION		** ON OWN				