



October 2026

The Woodlands at Stowe

Calendar of Events



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthday Guest Presenter Field Trip (Sign Up) Sign Up Change/New	(B) - Basement 1st Flr (L) - Living Room (UL) - Upstairs Library (CR) - Conference Room (G) - Game Room (D) - Dining Room	29 10:00 -Better Balance (D) 12:30 Stowe Errands 2:00 Apple Bake Off (D) 3:00 - Games (G)	30 9:30 - Exercise (D) 12:30 - OLLI Series * 3:00 -Movie (CR)	1 11:00 Chr Yoga/Dance (B) 1:00 Flu and Covid Clinic 3:30 Left Center Right 5:45 - Dinner Mix Up!	2 9:30 - Exercise (D) 10:30 - Stowe Errands 1:00 - Singing (CR) 2:00 -Mah Jongg (G) 2:30 - Cornhole	3 2pm: Matinee
4 Submissions for Newsletter Due Meal Time 12:30 2:00 - Mah Jongg	5 9:30 -Exercise (D) 10:30 Coffee & Donuts (L) 1:00 -Gospel hr (CR) 2:00 - Trivia (UL) 3:30 - Writers (CR)	6 10:00 Better Balance (D) 12:30 Stowe Errands 1:00 Poker with Jake (G)	7 9:30 - Exercise (D) 11:00 - Jazz Piano (L) 12:30 - OLLI Series * 2:30 - Cornhole 3:00 -Movie (CR)	8 11:00 Chr Yoga/Dance (B) 12:00 - Lunch & Scenic Dr 2:00 Mandala Color (CR) 3:00 - Cards (L)	9 9:30 - Exercise (D) 10:30 - Stowe Errands 1:00 Travel w/ Cindy (CR) 2:00 -Mah Jongg (G)	10 2pm: Matinee
11 Meal Time 12:30 2:00 - Mah Jongg	12 9:30 - Exercise (D) 11:00 Danny G Music (L) 1:00 -Gospel hr (CR) 2:00 - Trivia (UL)	13 10:00 -Better Balance (D) 12:30 Stowe Errands 2:00 Book Club (UL) 2:30 Art w/ Jen V. (CR) 3:00 -Resident Council (CR)	14 9:30 - Exercise (D) 12:30 - OLLI Series * 2:30 - MMA Volunteers 3:00 - Movie (CR)	15 10:00 NCAL Animal 11:00 Chr Yoga/Dance (B) 1:00 - Birds of VT Trip 3:00 - Games (G)	16 9:30 - Exercise (D) 10:30 - Stowe Errands 1:00 - Singing (CR) 2:00 -Mah Jongg (G) 4:00 - Music with Kip (L)	17 2pm: Matinee
18 Meal Time 12:30 2:00 - Mah Jongg	Auxiliary Luncheon 19 9:30 - Exercise (B) <i>On own in Fitness Rm</i> 1:00 -Gospel hr. (CR) Trivia Cancelled	20 10:00 - Better Balance (D) 11:00 - Community Mtg (L) 12:30 Stowe Errands 2:00 - Philanthropy Talk w/ Regina Farrell (L)	21 9:30 - Exercise (D) 11:00 - Jazz Piano (L) 12:30 - OLLI Series * 3:00 Cornhole 3:00 -Movie (CR)	22 9:30 Stowe Walk & Coffee 11:00 Chr Yoga/Dance (B) 2:00 Mandala Color (CR) 2:30 - Birthday Party!	23 9:30 - Exercise (D) 10:30 - Stowe Errands 1:00 - Singing (CR) 2:00 - Mah Jongg (G)	24 2 pm: Matinee
25 Meal Time 12:30 2:00 - Mah Jongg	26 9:30 - Exercise (D) 11:00 Danny G Music?? 1:00 -Gospel hr. (CR) 2:00 - Trivia (UL)	27 10:00 - Better Balance (D) 12:30 Stowe Errands 1:00 Poker with Jake (G) 3:00 - Cornhole	28 9:30 - Exercise (D) 12:30 - OLLI Series * 2:30 - MMA Volunteers 3:00 -Movie (CR)	29 11:00 Chr Yoga/Dance (B) 2:00 Mandala Color (CR) Trick-or-Treat! 5:15 Soiree (Costumes!)	30 9:30 - Exercise (D) 10:30 - Stowe Errands 1:00 - Singing (CR) 2:00 - Mah Jongg (G) 3:00 - Spooky Movie (CR)	31 2 pm: Matinee

*Prior Sign Up with OLLI is Required